Dear Parents and Community members

Welcome to Week 4 of the term. It was undoubtedly a busy weekend for families and I would like to wish all mums and grandmothers a Happy Mother’s Day. It was lovely to see the boys and girls support our P&C’s Mother’s Day stall last week and I am sure many of you would have received some of the great gifts that were on sale. Many thanks to the P&C and the volunteers who helped out last Tuesday at the stall.

**NAPLAN testing time**

Our Year 3 and 5 students will be participating in the annual National Assessment Program — Literacy and Numeracy (NAPLAN) tests to assess their skills and understanding in the areas of reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

The tests will be conducted in all state and non-state schools across the country from 12–14 May.

An individual NAPLAN report for each child will be sent home later this year. Results provide feedback for parents, carers and teachers on how students are progressing in key curriculum areas.

The best way you can help your child prepare for NAPLAN is to reassure your child that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can.

The official date for the release of the results is in September. NAPLAN is not a pass or fail type test, but rather shows how individual students are progressing in numeracy and literacy skills against national standards for all Australian children. The tests are a ‘point in time’ assessment and the results provide important data for our school to direct future teaching focus.

**BE PART OF THE P&C**

Our next P&C meeting will be held at the school at 6:30pm on Tuesday 19 May in the staffroom. I would like to encourage as many parents and carers as possible to attend this meeting. At this meeting I would like to hear community thoughts on a small number of procedural changes being considered for our school. These possible changes include:

1. **Before School Routine:** Between 8:30am to 8:55am children are currently able to play on the oval. A bell rings at 8:55am and by the time children make their way off the oval they need to move into class. This often doesn’t give children enough time to be prepared to commence learning at 9am (e.g. go to the toilet, get a drink, have booking and learning equipment ready). I would like to hear community thoughts on changing this procedure.

2. **Break Times:** With the current break times during the day the children have one 10 minute eating time and 2 x 30 minute play breaks (although some children eat during their play time). I would like to hear the thoughts from community members and parents about having a designated eating period in the 2nd break.

3. **Uninterrupted Literacy Blocks:** We are looking at re-introducing / formalising daily focussed literacy blocks across the school to align with our school improvement agenda. By implementing a consistent approach to the teaching of literacy across the school will result in more efficient use of the school resources. It is suggested that P-2 has their focussed literacy block in the morning session of each day and years 3 – 6 have theirs in the middle session. This proposal enhances the learning of children and is excellent practice based on extensive research.

## School Fees 2015

<table>
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<th>Item</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Prep</td>
<td>$160</td>
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<tr>
<td>Year 1</td>
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<tr>
<td>Year 2</td>
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<td>Year 3</td>
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<td>Year 4 – 6</td>
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<td>P &amp; C Family Contribution per family (tax deduct.)</td>
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<tr>
<td>Instrumental Music (own instrument)</td>
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<tr>
<td>Instrumental Music</td>
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**REMINDEERS IN BRIEF**

- 12-14 May NAPLAN Testing Year 3 & 5
- 15 May– ICAS Digital Technologies
- 18-23 May– Book Fair
- 19 May P&C Meeting 6:30pm
- 15 June– 9:00am - (Yrs 4-6) 800m races
- 2:10pm (Yrs 4-6) 200m Finals
- 18 June– 9-1:30 Prep-3 Junior Carnival
- 2:10pm 200m Finals Yrs 4-6
- 19 June-4-6 Senior Carnival-All day
- 25 June– Jump Rope for Heart Jump Off

If you want your newsletter emailed please send to EditParentNews@hambledoss.eq.edu.au
How to build self-confidence

Confidence can be a tough thing to build up but we have some handy tips that just might help you out.

This might help if...

- you’re looking for ways you can become more confident
- you want to know some practical strategies to become more confident
- you’re not sure why you’re lacking confidence

Not everyone is born with an in-built sense of self-confidence. Sometimes it can be hard to develop confidence, whether because of personal experiences that have caused you to lose confidence or suffering from low self-esteem.

There are a couple of handy things you can do to build your confidence.

Some of these are just little changes to your frame of mind, and others are things you have to work on for a bit longer to get used to them.

Top 5 tips for building self-confidence (these can all be used/adapted to help your children):

1. Look at what you’ve already achieved.
   - Sometimes it can be easy to focus on what you haven’t done. It’s easy to lose confidence if you feel like you haven’t achieved anything. Focusing on stuff you have done, big or small, can help you gain perspective on all your talents and abilities.
   - Write down a list of all the things you’re proud of in your life. Think of things you have achieved, whether it’s getting a good mark on an exam or even learning to ride a bike. Keep this list close and add to it when you do something you’re proud of. When you’re low in confidence, pull this list out and use it to remind you of all the awesome stuff you’ve done.

2. Think of things you’re good at.
   - Everyone has strengths and talents, whether they are yours? Have a look at our fact sheet on strengths and work out how you can build on yours.
   - Recognising what you’re good at and trying to build on those things can be a really valuable way of building confidence in your own abilities.

More to come next week.....
Michelle Bussell Support Administrator Prep

PB4L

This week in our PB4L lessons, our teachers will be focussing on students’ capabilities around resilience and coping skills. The students will begin thinking about how they can overcome issues and problems effectively with a focus on:
- Building social goodwill through play
- Reflecting on emotional responses
- Discussing ways in which they can take responsibility for their actions
- Describing ways to express emotions to show awareness of the feelings and needs of others
- Practise techniques to deal with feelings of fear or anger

These are important life skills and will begin to give Hambledon State School students a range of strategies and mechanisms upon which to draw when they encounter everyday problems. The complexity of the lessons taught will of course vary according to the year level. The skills learned will be valuable both in school and out in other social situations and are a very important part of a well-rounded education.

Peter Begemann Years 4-6 Support Administrator

PARENTS REALLY DO MAKE A DIFFERENCE

Last week I shared strategies teachers use to support students decode unfamiliar words when reading. These same strategies can be used at home when reading with your child. Improving reading outcomes is a priority at Hambledon and all students regularly engage in quality learning experiences using guided, shared and modeled reading.

When visiting the Year 1 and 2 classrooms during guided reading sessions, I see students enthusiastically reading with teachers, aides, parents and even grandparents. Reading aloud is widely recognised as an important activity leading to language development and building word-sound awareness in children. Having adult helpers during guided reading enables additional opportunities for children to read aloud to an adult. Furthermore, it enables discussion about texts to further develop comprehension and retell skills. Our Year 1 and 2 teachers would love to invite any parents, grandparents or carers interested in volunteering for guided reading sessions to come and see them. Please see any of our Year 1 and 2 teachers for further details.

Tanya Sutton Year 1 & 2 Support Administrator

Jump Rope for Heart

Our school jump off day is coming up soon so get skipping.

Don’t forget to ask family and friends to help you raise money for a great cause by getting them to sponsor you!

Mary had a little lamb,
She also had the flu.
And when she left her school,
The others had it too.
So anytime your children are sick
Please keep them home with you.
Then the children in our school
Parents Corner (P&C Meet once a month – Next Meeting – 19 May at 6.30pm)

**PRESENTATIONS**

**STUDENT OF THE WEEK**
- Prep
  - Alee-Anna, Tahlia, Indiana, Leo, Kyra
- Year 1
  - Samuel, Tahlia
- Year 2
  - Brooke, Cody, Megan
- Year 3
  - Cooper, Tahlia
- Year 4
  - Ashley, Rylee

**HAPPY GRAMS**
- Prep
  - Ebony, Chloe, Liam, Jesse, Bianca, Mirra, Jake, Zarah
- Year 2
  - Charlotte, Cameron, Ebony, Ezlan, Flynn, Zen, Willis, Archie
- Year 4
  - Lamie, Aiden, Sarah, Storm, Priya, Tamara, Spencer

**GOOD PLAYGROUND GOTCHA AWARDS**
(Presented last week on parade)
- Elizabeth, Claire, Abby, Hayley, Alby, Kissani, Jaylen, Sarah, Charlie, Sarah, Hannah, Maddison, Tahaiya

**HONESTY ACKNOWLEDGEMENT**
- Kayla-May, Charlie, Sarah, Kaleisha, Lilly, Kane, Rachel, Jaylen, Isaiah, Martin, Shannon, Ella

**SPORTS INFORMATION**

**Touch Football**
Well done to the following girls who were selected in the Mulgrave team: Taryn, Logan, Janae, Tiana, Stephanie, Symone, Marie, Reagyn, Cheryl Lee.

**ATHLETICS CARNIVAL**
- Mon June 15 9:00am – 800m races (Yrs 4-6) & 200m semi finals
- Thurs June 18 9-1:30 – P-3 Junior Carnival 2:10pm 200m finals (Yrs 4-6)
- Friday June 19 – All Day 4-6 Senior Carnival

**X-Country**
For the 8th year in a row Hambledon has won the District X-Country. All students should be commended for their attitude, behaviour and outstanding performance.
Well done to Nia for winning the 12yrs girls race. The following students have been selected to compete at the Peninsula X-Country.
- Nia (1st) Liam (2nd) Stephanie (2nd) Logan(3rd)
- Kiera (3rd) Kyle(3rd) Yves (4th) Spencer(4th)
- Bailey(4th)
- Christopher (5th) and Gwenneth (5th) are reserves.

**Soccer**
Well done to the following students who were selected in Mulgrave Soccer teams: Saxon, Mateo, Flynn, Lopez, Elizabeth

**Hambledon Playschool**
- Come along to a fun Playgroup located at Hambledon State School
- Painting, playdough, singing, craft, cooking, outdoor play and lots more!
- **COME AND JOIN THE FUN!**
- Who: Children aged 3-5years accompanied by an adult. Younger siblings welcome to attend
- Where: Hambledon State School Hall
- When: Every Wednesday of the school term
- Time: 9:15-11:30am
- Bring: Morning tea and hat
- Cost: Free
- For more information, please contact the school office 40408666.

**TUCKSHOP NEWS**

**TUCKSHOP ROSTER**
Ring by 8:00am if you can’t make it!
- 40408666 - school office
- Tues 12 May HELP NEEDED
- Wed 13 May HELP NEEDED
- Thurs 14 May Carly Jamieson
- Fri 15 May HELP NEEDED
- Mon 18 May Christine Thurston

**Term 2 Special Cheeseburger**
(Hamburger patty, cheese, tomato/BBQ sauce on a fresh roll)

**SPORTS INFORMATION**

**Footy Mad Raffle Tickets**
A steady stream of sold books are returning to the office, THANK YOU!!
Remember ALL tickets need to be returned, sold or unsold.
Extra books still available!!

**HONESTY ACKNOWLEDGEMENT**
- Kayla-May, Charlie, Sarah, Kaleisha, Lilly, Kane, Rachel, Jaylen, Isaiah, Martin, Shannon, Ella

**Mother’s Day Stall Thank you**
There is no way we could individually thank everyone who helped to make the stall such an awesome event. Coles Mt Sheridan, Coles Edmonton, K Mart Mt Sheridan, Woolworths Mt Sheridan.

Gorgeous donations of homemade jam, embroidered tea towels, crocheted hand towels & handmade candles. The list is endless!!

The volunteers on the day who gave up their time helping the students select a special gift for Mum. Chappy Steve who stayed with us all day helping out and the front office girls for their patience.
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How the locals like it...
Over the past 12 months, Piccones Supa IGA and the Piccone Family have donated in excess of $200,000 to local schools, charities, and community and sporting clubs.

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Ph: (07) 4045 3133, Fax: (07) 4045 3084
Email: picconesmareeba@ig.com.au

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