Principal’s Message
Dear Parents and Carers
Welcome to Term Three! Like the previous two terms, I have no doubt that this will be another exciting and busy term at Hambledon State School. The 1st week of term starts off with Friday being the Show Day holiday. While it may be tempting to take your child to the Show on Wednesday or Thursday, I would prefer to see every child attend school on these days to ensure they receive the best continuous educational program.

SCHOOL VISION
Last term we invited feedback and discussion concerning our school Vision statement. The results from this feedback will be used to develop our school’s next Strategic Plan (2016 – 2019). It was clear that after consultation with all stakeholders the preferred school vision for Hambledon State School is “To value, support and champion every child”.

ATTENDANCE
Our attendance rate for semester 1 was 92.4% (Department of Education and Training has a target attendance rate of 95% for all children). This rate was similar to our semester 1 2014 achievement. From reviewing our attendance data I believe we could significantly improve our results by increasing our Monday and Friday attendance rates. According to the weekly school data graphs, Monday and Friday often struggle to achieve 90% attendance rates. This is in contrast to attendance rates for Tuesday, Wednesday and Thursday when our attendance rates are often 94% or higher. Mondays and Fridays are important days at school where often new learning concepts are introduced or recapped and reviewed. Regular absenteeism on these days results in children not receiving a full week’s education which may cause them to develop some gaps in their learning.

Absenteeism includes late arrivals and early departures. The best learning time of the day is the morning. Every child should be at school by 8:45am, so as to be ready for classes at 9:00am. When children arrive late and leave early they not only miss out on learning time, they also disturb the learning of others. In order to maximise the learning of your child please ensure your child is at school every day, all day unless they have a valid excuse. Make every day count for your child.

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Web: www.hambledoss.eq.edu.au
Find us on Facebook: www.facebook.com/HambledonStateSchool

CHANGES TO ROUTINES
At the end of last term I wrote about some changes that will be commencing this term. These changes involve the following:
1. Break Times – Our first and second breaks will continue to occur at the same time as they currently occur (1st break : 11:00 – 11:40, and 2nd break : 1:40 – 2:10). The 1st break will continue to be divided into a 10 minute eating time and 30 minute play. Instead of eating occurring in the classrooms, the eating time will now occur in a designated area outside the classroom.

The 2nd break will now be broken up into 2 x 15 minute periods. The first 15 minutes will provide children with the opportunity to sit down and eat, and they will then have the second 15 minute period available for play.

2. Before School Procedures – Similarly there are minor changes to our before school arrangements. The play time before school will now be from 8:30 – 8:50am. A bell will ring at that time to signal children have 10 minutes to be ready for learning. Teachers will either open their classrooms at 8:50am for children to come into class, or establish an assembly area for the children to go to at that time, so that they can be collected and taken to class, ready to commence learning at 9am.

School Opinion Survey
The annual School Opinion Survey will be conducted between 29 June and 31 July 2015. All families, school staff and a random sample of students will be invited to participate. We encourage you to take this opportunity to have your say about what this school does well, and how this school can improve.

Each of the online surveys is currently open and will remain so until 31 July 2015.

Access details for the Parent/Caregiver Survey will be sent home with students this week.

Parents/caregivers are welcome to complete their survey online at the school, and school computers will be available. Any queries please contact Cheryl in front office on 4040866 or email admin@hambledoss.eq.edu.au
Welcome back to another busy term of learning in Prep! We want to bring your attention to the changes (which are occurring after a community consultation process) across our school in relation to eating times. From this term students will be eating in a designated eating area, which for the Preps and Year Ones, will be the Junior undercover area (where we have Parade). Children will be eating in this area with the supervision of three staff members. Because Prep teachers will no longer be supervising their own class during eating time, we have the following suggestions to help make your Prep child’s transition to this new format, as easy as possible:

* Please only use containers that you know your child can independently open.

* Try adopting a ‘nude food’ approach to packaging. Many children can’t independently open pre-packaged foods (muesli bars, salami sticks, yoghurt, biscuits etc.), please send these foods either, pre-opened or package free, and in containers that your child can independently open.

* If your child needs their fruit cut, please send it to school pre-cut.

* If your child needs cutlery to eat their food (eg, spoon for yoghurt), please send it to school in their lunch box with them.

* Please name all items clearly (lunch box, smaller containers, water bottle, cutlery).

Children are going to have more independence in regards to the food choices that they make. Encouraging children to eat their healthy food first is something we are constantly doing in Prep. Please talk to your child of a morning and discuss with them what you expect them to eat first from their lunch box. Make your child’s choice simple by only packing healthy foods in their lunch box.

It should only take a small amount of time for the Preps to adjust to the new eating routines and it will help them to build their independence as they continue their journey through Prep.

As always, thank you for your support and if you should have any concerns, please come and see us.

The Prep Team

Georgina Quinn-Acting Support Administrator Prep

THE PERFECT OPPORTUNITY TO GOAL SET!

Parent teacher meetings are the perfect time to focus on student progress through goal setting. These meetings provide an opportunity to jointly discuss a child’s interests, strengths and areas for development then collaboratively set personal or learning goals. I strongly encourage all parents and care givers to discuss individual goals with your child’s classroom teacher during the parent teacher interviews in week 4 (August 3 – 7).

Tips on goal setting at home or at school:

1. Set realistic, specific goals. E.g. I am never going to make any spelling errors in my writing. This goal may be specifically about spelling but isn’t realistic. Rather, I’m going to spell ‘because’ and ‘they’ correctly in my writing.

2. Allow time to focus on the goal. Goals should take some effort to achieve but shouldn’t be so hard that they can’t be achieved or so easy that they are easily achieved.

3. Make your goal familiar. Say your goal out loud each morning or night to remind yourself of what you are working towards. Children regularly discussing their goals with parents or teachers are more likely to succeed.

4. Slip-ups are part of the learning process. It’s ok to mess up and not achieve 100% success all of the time.

Further information on goal setting can be found at kidshealth.org

Tanya Sutton-Support Administrator Years 1-2

PB4L

Below is an extract from the ‘Triple P’ parenting program that you may have heard of recently. The program is a supportive tool and gives us some great ideas and tips around positive parenting in a way that does not ‘tell’ parents how to be parents!

Helping kids solve problems for themselves

From a board game to the board room, problem solving is a skill that can get you through many tricky situations in life. So how can you teach your kids to become good problem solvers?

Children need to practice their problem-solving skills. The starting point can be everyday play. Here, they are surrounded with chances to problem solve, whether they’re playing an imaginary game with their toys, building with blocks, or colouring. It’s the perfect time for them to show you what they know and what they can do.

It also gives you the chance to prompt them towards a solution and to praise their efforts.

For example, your child might be working on a puzzle. They ask for your help finding a missing piece. Instead of just handing them the piece, you could prompt them to find the answer themselves. You could say something like, “What size piece are you looking for? What colour?” and guide them towards the answer.

This not only teaches them about the steps of problem solving, it sends them the message that problems have solutions. And they will realise that they are able to find those solutions.

Growing up in an environment like this will help kids become confident enough to tackle problems in the future.

Peter Begemann-Support Administrator Years 4-6

Just a reminder that it is very important to update all information as it changes e.g. new mobile, phone, work contacts and new postal and residential addresses.
**Student of the Week**

Prep  
Jaeda

Year 2  
Jayden Smith

**Happy Grams**

Year 2  
Layla Heard, Malea Mcilwain-Nikora, Laura Lucchesi-Jenke, Maverick Ambrym

Year 6  
Joshua Cats, Kasey McGhie

**Good Playground Gotcha Awards**

(Presented last week on parade)  
Kiara Simpson, Tahlia Bligh, Mikayla Baston, Naomi Sansness, Sharri Budd, Stephanie Merritt, Zedneiyar Meafua, Tajhanna Teale

**Honesty Acknowledgement**

Jai Timmermans

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**Jump Rope for Heart**

**Jump Off Day a Success!!**

Last term had Hambledon State School participating in the Jump Rope for Heart program, raising money for the Heart Foundation and learning some fantastic skipping skills in the process. The Jump Off day on the 25th June was a huge success. Thanks to the hard work and generosity of the students and school community we have managed to raise $3,893.17 in total. Half of which will go towards valuable research into heart disease and the other half will go towards buying school resources. You have put in an amazing effort and both the Heart Foundation and the Hambledon School community thank you.

The Jump Off Day itself saw students of all ages using the skipping skills learned over the term to participate in lots of different activities including an obstacle course, relays, limbo, long rope jumping and single rope jumping. It was wonderful to see all students and a lot of the staff participating and enjoying themselves. Congratulations again to all the staff, students and school community for making the Jump Rope for Heart program in 2015 such a triumph!

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**FREE !! Active Family Games**

Term 3, 2015 (14 July to 17 Sept)

**Edmonton**

Tuesdays @ Ravizza Park, Ravizza Drive  
3.15pm – 5.15pm  
Parents & Toddlers 3.30pm – 4.30 pm

**White Rock**

Thursdays @ Bak Park, Progress Road  
3.00pm – 5.00pm

Games are for the whole family children of all ages are welcome.

◊ Parents can join in, walk around the park or socialise on the sidelines.

◊ Children are the responsibility of their parents/carers, not the facilitators who run the activity.

This program is funded by the Australian Government

For more information contact:  
Roz Metcalfe - 0459 982 132  
Amanda Nicholas - 0403 555 395
Get your family active and eating well

Local families can sign up the free healthy lifestyle program called PEACH™ - Parenting, Eating and Activity for Child Health. Registrations are now open for a new group to commence in Cairns at in term 3, 2015.

The program is fun for kids and helps parents and carers make healthy eating and activity a part of every-day life. It is available to families with a child aged between 5-11 years who is above a healthy weight their age.

It consists of 10 group sessions that run for 90 minutes each. The first 9 sessions are held weekly within the school term. Ongoing individualised family support is offered through the second half of the program ending with one final group session.

Some of the topics covered include nutrition, relationships with food and eating, changing family lifestyle behaviours and making healthy eating affordable. While the parent sessions are taking place, children enjoy active play with a trained child physical activity facilitator.

The program is funded by the Queensland government and being delivered by the Queensland University of Technology.

If you would like more information about the PEACH™ program or to register please contact free call 1800 263 519 or visit www.peachqld.com.au

Staff Car Park closed between 8:30am – 3:30pm

Our primary responsibility is to ensure your child’s safety at all times whilst at school. Therefore, the staff car park (located in front of prep/beside hall) is to be used only by staff between the hours of 8:30am and 3:30pm. During peak hours in the morning and afternoon, there are a high number of students and pedestrians in this area and it is essential that car congestion is minimised.

Alternate parking can be found at Jubilee Street, Marr Street and the front of the school.

Staff, are under instruction to relock the carpark during these times.

Safety is everyone’s responsibility and your support and understanding is greatly appreciated.

Free 10-Week Girls Judo Introduction

Following on from our successful Term 2 course, Cairns Southside Judo Club has QLD State Govt funding for a free Girls-only 10-week Introduction to Judo during Term 3. Begins THIS WEDNESDAY (15 July) in the Hambleton School Hall, from 3:30-4:30pm. Girls aged 8-12, no prior experience necessary. Practiced in a fun, safe and supportive atmosphere, Judo is an Olympic sport appropriate for girls of all sizes, shapes, and abilities! Come along and give Judo a try! Contact Luke on 0405 239 655 or email south side_judo_club@hotmail.com for more information or turn up on Wednesday and have a look!!!

Contratulations to Aasa Pelesuema of 6D who received a Bronze Medallion in the Sub Junior 41kg Division at the Golden Gloves Tournament which was held at Edge Hill on the 26 June 2015. This is only the 2nd fight Aasa has had and he has only started boxing in January 2015. Aasa competes and trains at the Edmon-ton PCYC and is coached by his dad Pele.

P&C Information
Next P&C Meeting
To be advised

Tuckshop Roster
Ring by 8:00am if you can’t make it!

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Woolworths Earn & Learn 2015

Dear Parents,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 15th July to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it’s complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we’ll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you’d like to know more visit woolworths.com.au/earnandlearn

Tuckshop Term Special
Tortilla Boat
(taco mince, salsa, lettuce, tomato and cheese)

Payments into the school bank account.
Just a reminder when depositing funds into the school’s bank account to please enter child’s full name as the reference so we can easily track which child the payment belongs to.

Thank you.
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